






September 2019

Loyola College Prep

{Menu is subject to Change}

Café Menu

Gracious words are like Honey, sweet to the soul and healthy for the body. Prov.16:24

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 	3 Oven Fried Breaded Chicken Sandwich Steak Fingers Oven Baked Tots Steamed Vegetables Rolls	4 Salisbury Steak Hamburgers Rice w/ Gravy Oven Baked Fries Steamed Vegetables Rolls	5 Pepperoni Pizza Beef & Cheese Nachos Oven Baked Tots Steamed Vegetables Roll	6 	7
8	9 Chicken Spaghetti Hamburgers Oven Baked Fries Steamed Vegetables Garlic Toast	10 Beef Tips w/ Gravy Oven Fried Corn Dogs Rice Oven Baked Tots Steamed Vegetables Corn Bread	11 Oven Fried Chicken Wings Sloppy Joes Oven Baked Fries Steamed Vegetables Roll	12 Spaghetti w/ Meatballs Hamburgers Steamed Vegetables Oven Baked Tots Garlic Toast	13 	14
15	16 Hamburgers Natchitoches Meat Pies Rice w/ Gravy Oven Baked Fries Steamed Vegetables Rolls	17 Oven Fried Chicken Steak Fingers w/ Gravy Rice Oven Baked Tots Steamed Vegetables Rolls	18 Red Beans & Sausage over Rice Oven Fried Breaded Chicken Sandwich Oven Baked Fries Steamed Vegetables Cornbread	19 Beef & Cheese Nachos Hamburgers Oven Baked Tots Steamed Vegetable Garlic Toast	20 	21
22	23 Hot Ham & Cheese on a Buttery Pretzel Roll Hamburgers Oven Baked Fries Steamed Vegetables Roll	24 Chicken Fajita's Chili Dogs w/ Cheese Oven Baked Tots Steamed Vegetables	25 Oven Baked Chicken Oven Fried Corn Dogs Rice w/ Gravy Oven Baked Fries Seasoned Green Beans Rolls	26 Hamburgers Stuffed Crust Pepperoni Pizza Oven Baked Tots Steam Vegetables	27 	28
29	30 RETREAT DAY 